

*Covid-19 Support

- Quercetin
- Vitamin D₃ with K₂
- Lipoic Acid
- Zinc
- Omega-3 Fatty Acids
- Turmeric
- Pro-resolving Mediators
- EGCG (Epigallocatechin Gallate)
 - found in green tea
- PEA (Palmitoylethanolamide)
 - effective for Long Covid
- Pomegranate
- Melatonin

* "Long Hauler Syndrome" Protocol

- Gut health
- Mitochondrial Support
- Immune Activation
- Manage & Modulate Inflammation
 - Obesity
 - Blood Sugar
 - Anti-inflammatory Status

*Covid-19 Pneumonia

Oral and IV glutathione, N-acetyl Cysteine (glutathione precursor), and Alpha-Lipoic Acid (ALA) may represent treatment approach for addressing "cytokine storm syndrome" and respiratory distress in patients with Covid-19 Pneumonia.

*Post-Vaccine Support

- Turmeric
- Resveratrol
- Ginger
- Boswellia
- White Willow Extract
- Detox Formula
- Sulforaphane
- Omega-3 Fatty Acids
- Vitamin D₃ with K₂
- Pro-resolving Mediators
- Multivitamin/mineral

*Post-Covid Syndrome Protocol

- Improve Mitochondrial Function (decrease fatigue)
 - Nicotinamide Mononucleotide (NMN)
 - B vitamins
 - CoQ10
 - L-carnitine
 - Alpha-Lipoic Acid (ALA)
 - Glutathione
 - Pyrroloquinoline Quinone (PQQ)
 - Mitoquinol Mesylate
 - Zinc, selenium, magnesium, Vit. C, Vit. E
- Immune Activation - mushrooms: reishi, maitake, Lion's mane, chaga, shiitake
- Lifestyle:
 - Diet:
 - Intermittent fasting
 - GI carbs
 - No processed carbs
 - Good fats & amino acids
 - Sleep & Exercise
- Low-Level Laser: electromagnetic transfer of energy
- Detox: **REMOVE ALL TOXINS**



***Consult your healthcare practitioner before beginning any treatment regimen.**