

Distal Subungual Onychomycosis (Nail Fungus)



Mix a half cup of bleach in a gallon of water and soak 30 minutes every night and then dry them with a hair dryer on low. Be sure to wear clean, white cotton socks while you go through the healing process.



Many Natural Treatments

- *Bleach*
- *Cornmeal*
- *Vicks Vapo Rub*
- *Peroxide*
- *Coconut Oil*
- *Blue Listerine Mouth Wash*
- *Sunshine*
- *Oregano*
- *Grapefruit Seed*
- *Tea Tree Oil* **USE**

CAUTION ->LIVER TOXIC

